

20 things you can do...



Professional and Graduate School

- 1) Look at directories and other resources to explore professional and graduate school programs, find out about admissions requirements, and learn how to prepare and apply.
- 2) Pick up test registration materials for the GRE, MCAT, GMAT, LSAT, PCAT, VCAT, SSAT, CBEST, OAT, DAT, and PRAXIS.
- 3) Get pre-med or pre-law info and advice from our experts.
- 4) Take advantage of our convenient reference letter file service.
- 5) Drop off your application essay for a critique.
- 6) Get feedback from UCSD students who have had admissions interviews for health programs. Boost your interviewing skills through our practice interview workshops.

Internships and Career-Related Experience

- 7) Find out about internship opportunities including paid internships in San Diego.
- 8) Learn more about the UCDC Internship Program.
- 9) See an advisor about finding an internship that's right for you and preparing an internship resume.
- 10) Check out our Internship SuperSite at career.ucsd.edu.

Career Exploration and Job Search Strategies

- 11) Learn about the job market and where to focus your search from our expert career advisors.
- 12) Get your resumes critiqued by our experts and sign up for practice interview workshops.
- 13) Use our books, CD's, and videos to explore your options.
- 14) Use our self-assessment tools.
- 15) Learn about networking opportunities.
- 16) Attend workshops and panel presentations.

Job Opportunities

- 17) Access our Port Triton job & internship listings at career.ucsd.edu.
- 18) Find out about work-study jobs on- and off-campus.
- 19) Find out which employers will attend our job fairs and which companies are conducting interviews in our building for internships, part-time, or full-time career positions.
- 20) Get company information and find out about upcoming company presentations on campus.

career development checklist

Although some UCSD students may know exactly what they want to do when they graduate, others need more time to explore their options and discover their interests and strengths.

The UCSD Career Services Center offers comprehensive services and programs. The checklist below is organized by academic years, but remember that each individual goes through the phases of career development at a different pace.

freshman year

self-discovery & exploration

- Discover interests and strengths** through coursework, student activities, and part-time jobs.
- Meet with a career advisor.**
- Use our self-assessment tools** and research career options.
- Go to Port Triton** at <http://career.ucsd.edu> to look for part-time jobs and internships.
- Attend workshops** and panel presentations that relate to career interests.



sophomore year

exploration & decision-making



- Continue exploring career options.** Get familiar with our libraries and online resources. Attend career panels and workshops.
- Begin to gain career-related work experience** and develop skills through part-time jobs, internships, and summer jobs.
- Check out our **Internship SuperSite** at <http://career.ucsd.edu>.
- Meet with a career, internship and/or grad school advisor** to discuss goals, preparation and/or application processes.

junior year

decision-making & preparation

- Narrow down your choices** and make tentative career and/or graduate school decisions. Continue to obtain career-related experience and/or plan for graduate or professional school.
- Attend workshops** & networking programs at the Career Services Center. Get resume and/or application essays critiqued by an advisor.
- Gather info** needed to firm up career goals. Set up informational interviews with professionals in your field.



senior year

implementing your career goals



- Start pursuing your first full-time job** out of college. Discuss job search strategies with an advisor. Continue using the Career Services Center job listings, fairs, and other resources.
- Follow through with applications** to professional or graduate schools.
- Land a job** and/or get accepted into a graduate or professional school program!